

Packing List for Backpacking

- Backpack
- Backpack Cover
- Sleeping Bag
- Sleeping Pad
- Lighter or matches
- Pocketknife and Totin' Chit
- First-aid kit
- Rain Gear
- Flashlight or Headlamp
- Trail Food
- Sunscreen
- Insect Repellent
- Compass
- Bowl
- Spoon
- Cup
- Toothbrush (Recommend Wisps)
- Toothpaste
- Floss (Floss is Versatile)
- Towel
- Chap Stick
- Rope about 10 Ft.
- Wipes
- Ziplocs (For Packing With)
- 3 extra gallon size Ziplocs

Summer Clothes

(Remember Cotton Kills!)

- Short-Sleeve shirts
- Hiking Shorts (Zip-offs are best)
- Long Pants
- Belt
- Underwear
- Stocking Cap
- Fleece

- Hiking boots
- Socks
- Hat with brim (Preferably wide brimmed)

Winter Clothes

(If Winter Take Summer & Winter Clothes)

- Gloves
- Long-sleeve shirt
- Sweater
- Long Underwear
- Coat or parka

Optional

- Watch
- Camera and memory
- Notebook
- Pencil
- Sunglasses
- Bandanna
- Cards